

Visioning Class



**Unlock the Vision your Soul is Calling you Toward**

**What is Visioning?**

Visioning is the practice of opening to God as You. It’s “catching” the Divine Idea for who you came here to be! It’s opening up to the Infinite Possibilities for your Life!! Visioning allows you to transcend limited thinking, to align with Divine Wisdom.

**What does it look like?**

The visioning process involves quieting the mind and centering in Spirit. We then open ourselves Divine Wisdom (God/Spirit), ask a series of questions, and “tune in” to the answers. While visioning, we hear, feel, sense and open to an expanded idea for our Life. Visioning is both a process and a way of being. We allow the larger Vision of Spirit to unfold through our Individual life, letting go of any pre-conceived ideas about ourselves and allowing God to guide.

**Why do we practice Visioning?**

There is a spiritual idea for our life and all of Creation that is larger than our individual selves can usually imagine. By throwing ourselves open to receive the larger, Divine idea of Spirit, we then open ourselves to BE the amazing person we came her to express. Practicing Visioning on a regular basis we align ourselves with Spirit more deeply and effortlessly in our day to day life.

**When is Class: Tuesday’s June 12th-July 31st (8 weeks)**

**Where: The Alaska Center for Spiritual Living-929 E. 81st Ave.**

**Time: 6:30 p.m.- 9:30 p.m.**

**How much: $250.00 (payment plans will be worked out if needed)**

Facilitated by: Cindy Hensley, MSEd., Religious Science Practitioner-Alaska Center for Spiritual Living; Vision Core Team-Higher Vision Institute-Alameda Calif., Prayer Chaplain-Unity Church of Hawaii. Loving Presence-The Planet ☺